

After Yoga Class



Still have time to spend for a chit-chat with your new found yoga mate.
Come and enjoy our Healthy Breakfast Set at the Life Café Pastry.

Savour our delicious rustic French patisseries and bread baked fresh daily using the finest ingredients in our indoor / outdoor garden café.

Breakfast Set: Avocado Sandwich
Pastrami Sandwich
Tuna Sandwich
Grilled Vegetable Sandwich

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Tea (Camomile Tea, Green Tea Passionfruit Orange Tea,
Peppermint, Strawberry Raspberry Tea)

Coffee (Espresso , Americana, late , Cappucino)

Smoothies (Apple Blossom, Breathless, C+ , Green Dream,
Love Boat, Sursur

Fresh Fruit Juices